1. After ALL symptoms have subsided, obtain a concussion clearance from your private physician. Your private physician **must** clear you completely to return to PE and all sports at your final visit (no preclearing without a visit).
2. Return your private physician’s final clearance to the Van Wyck Health Office.
3. Call John Jay’s Physical Trainer –– 897-6700 ext. 30070 – to schedule the return to play assessment.
4. Once return to play is complete and the JJ Trainer clears you, he will fax paperwork to the School Doctor.
5. Once the school doctor reviews paperwork and signs off on the clearance, the paperwork will be faxed to the Van Wyck Health Office at which point, clearance cards will be issued to your PE teacher and your coach. NOT UNTIL THE VW HEALTH OFFICE RECEIVES THE FINAL CLEARANCE FROM THE SCHOOL DOCTOR ARE YOU CLEARED TO RETURN TO PE AND SPORTS!